

PROCLAMATION FIBROMYALGIA AWARENESS DAY

WHEREAS Fibromyalgia Awareness Day aims to raise awareness and end the stigma and discrimination that accompany this chronic illness;

AND WHEREAS Fibromyalgia Association Canada is the only national organization in Canada that supports only fibromyalgia;

AND WHEREAS Fibromyalgia affects about 5% of Canada's population – over 2,000,000 men, women and children of all ages and races in Canada are afflicted with this chronic illness;

AND WHEREAS Fibromyalgia often takes an average of three (3) to five (5) years to diagnosis;

AND WHEREAS there is no known cause of, prevention of, or cure of fibromyalgia;

AND WHEREAS Fibromyalgia (FM) is a complex illness whose symptoms vary widely and may include debilitating chronic pain, overwhelming fatigue, and cognitive impairment;

AND WHEREAS patients with Fibromyalgia often have a number of co-existing conditions, which may include chronic myofascial pain, irritable bowel syndrome (IBS), temporomandibular joint disorder (TMJ), environmental sensitivities, anxiety and depression;



AND WHEREAS Fibromyalgia (FM) greatly reduces quality of life, can cause total disability and also affect families, friends and employers. Living with chronic pain and fatigue on a daily basis can lead to social isolation, so it is important for sufferers and their families, friends, and caregivers to know that they are not alone;

AND WHEREAS people with Fibromyalgia (FM) have a right to be treated with dignity and have a right to pain relief;

AND WHEREAS together we will find ways to enhance the quality of lives for people affected by fibromyalgia and together find a cure:

NOW THEREFORE I Mayor Martin Johansen on behalf of Oliver Council

DO HEREBY PROCLAIM Monday May 12th, 2026 as

“FIBROMYALGIA AWARENESS DAY”

in the Town of Oliver.

